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|--------------------|-------------------------------------------------------------------------|
| <b>Title</b>       | Procedure for Unblocking an Occluded Implantable Vascular Access Device |
| <b>Version</b>     | 3 .0                                                                    |
| <b>Implemented</b> | V2 07.12.2022, V3 16.07.2026                                            |
| <b>Review Date</b> | 16.07.2029                                                              |

#### Appendix 4: Standard Operating Procedure Template

## Standard Operating Procedure (SOP)

### Procedure; for unblocking an occluded implantable port.



University Hospitals  
of North Midlands  
NHS Trust

#### Scope:

Trust-Wide SOP ☒

Local Directorate / Divisional SOP ☐

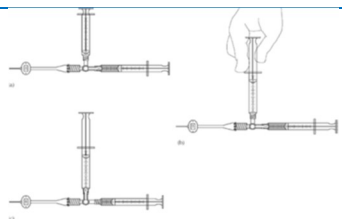
|                                                                                                          |                                                                                                                                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Version:</b>                                                                                          | 2                                                                                                                                                                                                                                                                              |
| <b>Summary of Changes:</b>                                                                               | Change of layout                                                                                                                                                                                                                                                               |
| <b>Date Approved and by which Group(s):</b> <i>(delete if SOP is contained within a policy document)</i> |                                                                                                                                                                                                                                                                                |
| <b>Date Issued:</b> <i>(delete if SOP is contained within a policy document)</i>                         |                                                                                                                                                                                                                                                                                |
| <b>Date to be reviewed:</b>                                                                              | <i>New SOPs - the review should be completed one year post ratification, unless changes in national legislation override this.</i><br><br><i>Existing SOPs – should be reviewed within 3 years of ratification, unless there has been a specific request to review sooner.</i> |
| <b>Purpose of this SOP:</b>                                                                              | To ensure safe use and access to a Portacath.                                                                                                                                                                                                                                  |
| <b>Which Trust Policy does this SOP link to?</b> <i>(delete if not applicable)</i>                       | C78 Central Venous Access Devices (CVAD) Care and Management                                                                                                                                                                                                                   |
| <b>Trust Contact:</b>                                                                                    |                                                                                                                                                                                                                                                                                |

## Part A: Preparation

| No. | Description of Procedural Steps                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | Only healthcare professionals involved directly with accessing a Portacath, with appropriate training and completed competencies. Only experienced staff and those competent in ANTT are to attempt this procedure.                                                                                                                                                                                                                                    |
| 2   | Implanted ports may become occluded for a few reasons: <ul style="list-style-type: none"> <li>• Kinking due to movement of the port,</li> <li>• Lodging of the distal end of the catheter against the wall of a blood vessel/ right atrium</li> <li>• Inadequately or using the incorrect flushing technique</li> <li>• Running infusions too slowly</li> <li>• Precipitation formation due to inadequate flushing between solutions/drugs.</li> </ul> |

| No. | Description of Procedural Steps                                                                                                                                                                                                                                                                                                                                             |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3   | <p>Prepare the following equipment</p> <ul style="list-style-type: none"> <li>- 1 x Wipe containing CHG 2% and 70% alcohol.</li> <li>- Luer lock syringes 10ml</li> <li>- 3-way tap</li> <li>- Needles</li> <li>- 0.9% Sodium Chloride/medication</li> <li>- ANTT blue IV tray</li> <li>- Heparin (if required)</li> <li>- Urokinase or equivalent (if required)</li> </ul> |
| 4   | Discuss with medical team, x-ray may be advised prior to procedure.                                                                                                                                                                                                                                                                                                         |

## Part B: Procedure

| No. | Description of Procedural Steps                                                                                                                                                                                                                                                                                                                                                  |                                                                                       |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 1   | Prime and attach new needle free access device. Attempt to flush the sodium chloride 0.9% into the line using a pulsatile flush technique; this will create turbulence inside the catheter lumen aiding the removal of fibrin and drug precipitation.                                                                                                                            |   |
| 2   | If blockage persists: Ask the patient to cough, change position, raise their arm and check if occlusion has corrected.                                                                                                                                                                                                                                                           |                                                                                       |
| 3   | If blockage persists: attach a three-way tap and to this add an empty 10ml syringe and a 10ml syringe containing 5mls of heparin 10 IU/ml and attempt to unblock the catheter using the negative pressure Technique. (Step 5)                                                                                                                                                    |  |
| 4   | If blockage persists: a fibrinolytic agent can be used, e.g. Urokinase. Use negative pressure technique for administration. (step 5)                                                                                                                                                                                                                                             |                                                                                       |
| 5   | <p>(a) Turn tap to close off syringe with fibrinolytic agent in and open it to empty syringe.</p> <p>(b) Aspirate on empty syringe, which creates a negative pressure.</p> <p>(c) Turn tap to close off empty syringe and open to filled syringe. The medication will automatically be aspirated into the catheter. Repeat as necessary. (The Royal Marsden Hospital Manual)</p> |  |
| 6   |                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                       |

| No. | Description of Procedural Steps                                                                                                                         |                                                                                     |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|     | Leave in situ for 2- 4 hours. Or overnight when possible.                                                                                               |                                                                                     |
| 7   | Attach an empty syringe to catheter and attempt to aspirate any clots and solution. If blood returns, withdraw at least 10ml and discard.               |  |
| 8   | Flush catheter with 20ml 0.9% sodium chloride using a pulsatile flush and then lock the line with 4mls heparin 100units/ml. Heparin must be prescribed. |  |